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|  | **BAHRIA UNIVERSITY, (Karachi Campus)**  *Department of Software Engineering*  **Assignment 1 - Fall 2023** |  |



COURSE TITLE: **Introduction to Psychology** COURSE CODE: **psy 102**

Class: **BSE-III (C)** Shift: **Morning**

Course Instructor: **Numera Younus** Time Allowed:  **10 min.**

Date: Max. Marks: **2.5 Marks**

**Question No. 1 [CLO 2 : 2.5 Marks]**

* Reflect in your life and present one example that illustrate particularly life crises. Write positive and negative outcomes.
* Which stages of your life have been more exciting and enjoyable?
* What have been some of the most significant events of your life based on these stages?

**EXAMPLE:**

Adolescence (Age 13-19): This stage was marked by significant personal growth and challenges, as I transitioned from childhood to adulthood.

Positive Outcome: I developed a strong sense of independence and self-identity during this time. I made lasting friendships and discovered my interests and talents.

Negative Outcome: I also faced the pressures of academic expectations and peer influences. At times, this led to stress and conflicts with my parents.

**Note:**

**Font: Times new roman, 12**

**Spacing: Single line**

**Word count: 500**